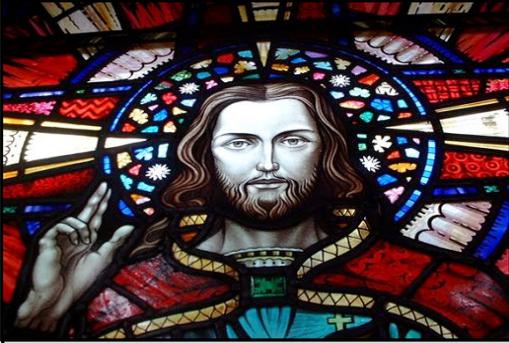


# newsletter



12 August 2018

Nineteenth Sunday of Ordinary Time, Year B



## Catholic Parish of The Sacred Heart – Our Mission

Through the power of the Holy Spirit we will be a parish renewed in our knowledge and understanding of the love of Jesus Christ, to enable each of us to fulfil our Christian mission



 Follow us on Facebook

Roman Catholic Diocese of Northampton  
Pope Close, Flitwick, MK45 1JP

Contact: 01525 715 109, 07711 953 926, [www.sacredheartflitwick.co.uk](http://www.sacredheartflitwick.co.uk)

Parish Priest, **Father John Danford** [sacredheartlb@btinternet.com](mailto:sacredheartlb@btinternet.com), 01525 372 321

Parish Deacon, **Deacon Philip Pugh** [deaconphilip@sacredheartflitwick.co.uk](mailto:deaconphilip@sacredheartflitwick.co.uk), 07711 953 926

Pastoral Administrator, **Suzanne Yates** [secretary@sacredheartflitwick.co.uk](mailto:secretary@sacredheartflitwick.co.uk)

Thank you for your contribution to the parish. For 5 August, the offertory was £365.23 and standing orders were £623.00. With thanks, the Finance Committee.

## Feast of the Assumption of the Blessed Virgin Mary – 15 August

15 August is the day that we have long celebrated what is called the Dormition (falling asleep) or Assumption of the Virgin Mary. The Feast of the Assumption celebrates both the happy departure of Mary from this life by her natural death, and her assumption bodily into heaven. Along with the Feast of the Immaculate Conception (8 December) the Assumption is a principal feast of the Blessed Virgin and a Holy Day of Obligation.

The idea of the assumption of Mary into heaven after her death is first expressed in narratives of the fifth and sixth centuries. Even though these were never official, they bear witness to the very early belief in a teaching of the Catholic Church which was not formally defined as a dogma until 65 years ago by Pope Pius XII.

Saint Gregory of Tours provided a rationale for the tradition, which is related to her having been preserved from original sin. He said that it is inconceivable to think Mary's sinless body, likened to the Ark of the Covenant, which was made of incorruptible wood, should decay in the grave. The text, 'Rise thou and the ark of thy strength' (Ps 132/1:8) was understood to mean it was God's will, as Christ had ascended, so too Mary would be received into heaven.

There is an important difference, of course, between the ascension of Jesus into heaven after his resurrection, and the assumption of Mary. To ascend is to rise up under one's own power, while to be assumed means something that is done to one. Jesus, being the Second Person of the Trinity, had no need of assistance, whereas Mary did not have this power.

According to one tradition, Mary was warned of her approaching end by Saint Michael the Archangel, who conducts souls to heaven, and was surrounded on her deathbed by the apostles, who were miraculously transported to her bedside from their various mission fields. It was said that Jesus appeared, bore away her soul, and returned three days after her burial, when angels carried her body to paradise where it was reunited with her soul under the Tree of Life.



Taken from <http://ucatholic.com/saints/assumption/>

### Readers and Eucharistic Ministers

Mass	This Sunday, 12 August	Next Sunday, 19 August
1 <sup>st</sup> Reading	Catherine Davies	Una McAlinden
2 <sup>nd</sup> Reading	Maggie Dullaghan	Fredrick Werrett
Eucharistic	Noreen Weighell	Hilary Brennan
Eucharistic	Chris Till	Pat King
Driver	Ros Penn	Kate Mansford

## FEAST OF THE ASSUMPTION – 15 AUGUST

This Wednesday is a holy day of obligation.

Mass will be at **7.30 pm** at Sacred Heart Flitwick and there will be a Service of the Word with Communion at **9.30 am**.

### Mass Times at Sacred Heart

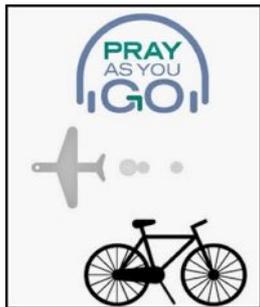
Sunday	12 August	9.00 am	Jane and Joe O'Keefe, RIP
Tuesday	14 August	9.30 am	Andrew Milne Recently Deceased, RIP and Ian Sexton, Recently Deceased, RIP
Wednesday	15 August	9.30 am	Service of the Word and Communion with Adoration for Feast of the Assumption
Wednesday	15 August	2.00 pm	Funeral Service for the late Ian Sexton
Wednesday	15 August	7.30 pm	Feast of the Assumption
Friday	17 August	10.00 am	Young-Mi, RIP

### CIRCLE OF PRAYER FOR AUGUST – PRAYER FOR MARRIAGE AND FAMILY LIFE

Lord we thank you for marriage and the family. For the talents and good things you have given us. Please keep us united and our bonds strong as the days pass. Guide us, protect us and equip us to do your will each day. Thank you for all that you are and all that you have given us. Our hearts are forever grateful. Amen.

## AUGUST PRAYER TIME

As we approach the holiday month it is important to plan to take time to relax and recharge our batteries. Part of that R & R needs to be spiritual. We spend every day rushing from A to B, with often little time for our inner selves.



Rather than have an event in August, we have prepared a very simple guide for you to find just the right kind of resource for you to take away on your vacation, or staycation, or simply to focus on the long summer days. To make it easy to access, many of these recommendations are online.

**Pray as you go** offers you a 10-to 15 minute-time of reflection based on the readings of the day's Mass. It is a gem of a time to keep in touch with the Word. It can be played as many times as one wishes in the day. It's free! There is a web version and an app depending, on your preference and access to the net. You can download a podcast as well. You will need to download the days if you are likely to away from the Internet. This can be done at <https://www.pray-as-you-go.org>

**Sacred Space** this site is provided free by the Jesuit order in Ireland. It too has an app and downloadable resources. It offers a time of prayer for the user each day. The same group operates Pray as You Go, so there is a handy link to their site as well. <http://www.sacredspace.ie>

**Pathways to Prayer** is a Northampton diocese resource offering a themed prayer resource. Use the link [www.formationpathways.co.uk](http://www.formationpathways.co.uk) to access the content. The content is free.

**Universalis** is the recommended online version of the Prayer of the Church, often called the daily office. There is a one-off fee for accessing the site that allows you to access it on any of your devices, one you have signed up. You will be able to access and download to a Kindle or phone the Morning and Evening Prayer, and all the other offices, as well as the Mass of the day. <http://www.universalis.com>. Remember this is not a free site.

**Meditation** can be facilitated through Insight Timer: <https://insighttimer.com>. This free to access site offers a meditation timer function as well as resources. This tool is an ideal way to put into practice the contemplative meditation. The Taizé community also offers a daily meditation resource and prayers: <https://www.taize.fr/en>

If the Internet fails or is unavailable then simply take some quiet time to sit and offer up your relaxation and the (hopefully) good weather as a thanksgiving to the Lord and listen to the inner voice of the Spirit!

## IAN SEXTON, RIP

Please remember Ian Sexton in your prayers. His funeral will be held on Wednesday 15 August at 2.00 pm. All our sympathy and prayers go to Ian's family.



## World Meeting of Families

We are sons and daughters, mothers and fathers, grandparents, aunts, uncles, cousins, brothers and sisters.



Family has its challenges.

It can also be the place where we share the greatest tenderness and joy. The joy of love experienced by families is also the joy of the Church. Our Catholic Church is a family of families.

Every three years the Church brings together the largest international gathering of families in the world. In 2018 this gathering will take place in Dublin, a place known for its long Christian heritage and its welcome.

For centuries, Irish missionaries have travelled the world proclaiming the joy of the Gospel. Now they look forward to welcoming people from every corner of the world to their shores for the 2018 World Meeting of Families including, having Pope Francis join them for the Festival of Families and the final Mass.

Archbishop Diarmuid Martin said 'The family is a central theme of the ministry of Pope Francis. He produced a wonderful document *Amoris Laetitia* on the Joy of Love. This is what we will celebrate in the World Meeting of Families. As Archbishop of Dublin, I am very pleased to have been asked to host this meeting and to invite you to join with us in preparing for this event, and hopefully also to come to Dublin to celebrate with families from all around the world.'

Adapted from <https://www.icatholic.ie>

## SUMMER PARISH BRUNCH

We are holding a late-summer brunch on Sunday **30 September** after 9.00 am Mass. Money raised will go to our Just One House fundraising. Tickets available soon.



## DATE FOR YOUR DIARY

Macmillan Coffee Morning at Sacred Heart church Friday **28 September**



**September** immediately after 10.00 am Mass.

**Newsletter copy deadline** – Thursday midday.  
Newsletter contact: Suzanne Yates; 01525 840 661;  
[suz\\_yates@btinternet.com](mailto:suz_yates@btinternet.com)

## Information

### CONFESSION

Confession will be at 8.40 am on Sunday and at 9.45 am on Friday.

### PRAYER LINE

Please ring for intercessory prayer on 01525 634 186. We have some wonderful answers to prayers. Be assured of full confidentiality.

### CARDS, GIFTS, etc.

Are available for sale in Sacred Heart church after Mass. All are priced. Please put money in the repository box at the back of the church.

### SAFEGUARDING

For information contact Paula Bates on 07834 715 978 or [safeguarding@sacredheartflitwick.co.uk](mailto:safeguarding@sacredheartflitwick.co.uk)

### CHURCH NEWSLETTER ONLINE

<http://www.sacredheartflitwick.co.uk>

### IN HOSPITAL, SICK OR HOUSEBOUND?

Please let us know of anyone who needs a visit or requires Holy Communion at home.

### THE ST VINCENT DE PAUL GROUP

meet in the church every Monday at 7.30 pm. Members provide help, support and friendship to anyone in need. They offer this support through befriending visits. Call Alan Bevan on 01525 403 589 to find out more about their work.

### LITTLE 'UNS

Meet every Friday 10.30 am to 11.45 am in term time, in the church hall. This is a group for babies and pre-schoolers. For further information please contact Deacon Philip at [deaconphilip@sacredheartflitwick.co.uk](mailto:deaconphilip@sacredheartflitwick.co.uk)

### MASS INTENTIONS

For Mass Intentions, contact Suzanne Yates who will arrange for Fr. John or another local priest to say a Mass.

Everyone is welcome to come for tea and coffee after Sunday Mass.



Mothers' Prayers will take a break for the summer. Once more we thank Our Blessed Lord for so many blessings and answered prayers this year. For information ring Sue Barley on 01525 634186.



The sewing group will meet on **13 August** from 2.00 pm till 4.00 pm. For information contact Clare Bevan 01525 403 589.



### CHARISMATIC PRAYER GROUP

This group will meet again on **5 September**. There is no meeting in August. Please contact Nicky Paterson on 01525 750

