Sacred Heart Flitwick

Pentecost Sunday

24 May 2026

OUR MISSION

Through the power of the Holy Spirit we will be a parish renewed in our knowledge and understanding of the love of Jesus Christ, to enable each of us to fulfil our Christian mission.

PARISH CATECHESIS FROM FR. JERRY

Theme: Jesus said, 'Receive the Holy Spirit'

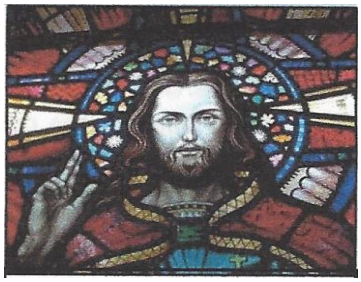
The Gospel reading reminds us of the account of what happened on the evening of Easter Sunday. The risen Lord breathed on his disciples and said, 'Receive the Holy Spirit' (John 20:22). Easter is Pentecost. Easter is already the gift of the Holy Spirit. But Pentecost is the convincing manifestation of Easter to all the nations, uniting many tongues in one new language of understanding 'the mighty acts of God' (Acts 2:11) displayed in Jesus' death and resurrection. The catechism teaches that on the day of Pentecost, when the seven weeks of Easter had come to an end, Christ's Passover is fulfilled in the outpouring of the Holy Spirit, manifested, given and communicated as a divine person, of his fullness, Christ, the Lord, pours out the Spirit in abundance (CCC #731). The feast of Pentecost celebrates the fulfilment of Christ's promise of the gift of the Holy Spirit and the commissioning of the disciples. The disciples are thus empowered to renew the face of the world. Jesus commissions his disciples by breathing on them. The word used for breath is the same word used for spirit and wind. This act of breathing carries a depth of meaning because just as after God had created man, and breathed into his nostrils the breath of life, which is God's own life (c.f. Gen. 2:7), so Jesus breathes on his disciples, to recreate them and bring them back to life from their spiritual death of fear. Jesus breathes on us the promised gift of the Holy Spirit, removing all fear and anxiety from us and consecrating us to be his instruments of peace and forgiveness. The 'Holy Spirit' is the proper name of the one whom we adore and glorify with the Father and the Son. The Church has received this name from the Lord and professes it in the Baptism of her new children (CCC #691). By the virtue of our baptism, the first sacrament of the faith, the Holy Spirit in the Church communicates to us, intimately and personally, the life that originates in the Father and is offered to us in the Son (CCC #683).

On the feast of Pentecost, the mission of Christ and the Holy Spirit is brought to completion in the Church, which is the body of Christ and the temple of the Holy Spirit. It is the birthday of the Church. The Holy Spirit prepares men and women and goes out to them with his grace, to draw them to Christ. The Spirit manifests the risen Lord to them, recalls his word to them and opens their minds to the understanding of his death and resurrection. The Holy Spirit makes present the mystery of Christ, supremely in the Eucharist, so that reception of Holy Communion by the faithful on that day becomes the Pentecost event for them and reconciles them, bringing them into communion with that they may bear much fruit. May the Grace of the Holy Spirit pour out on our Parish once more, so that through the power of the Holy Spirit, we will be a parish renewed in our knowledge and understanding of the love of Jesus Christ, to enable each of us to fulfil our Christian mission.

CYCLE OF PRAYER FOR MAY — THE RIGHT USE OF THE MEDIA, THE CHURCH, SURVIVORS OF THE SEXUAL ABUSE

MASS INTENTIONS

Saturday 23 May	5.00 pm	Deceased Members of the Hanrahan and Egan Families, RIP
Sunday 24 May	9.00 am	Thanksgiving and Private Intentions of the Lewis Family
Sunday 24 May	11.00 am	Fr. Paul Mahoney, in Thanksgiving on 50th Anniversary of Ordination
Tuesday 26 May	**7.00 pm**	Vlas, Silvia and Michael Lakomy, RIP *St Philip Neri, Priest*
Wednesday 27 May	9.30 am	John Stanford, RIP *St Augustine of Canterbury, Bishop*
Thursday 28 May	9.30 am	Nicholas Taylor and Lee Elton, Recently Deceased, RIP *Our Lord Jesus Christ, the Eternal Priest*
Friday 29 May	10.00 am	Memorial Mass for Roger Edelman, RIP *St Paul VI, Pope*



PRIEST IN CHARGE
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SECRETARY
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WEBSITE AND FACEBOOK
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SAFEGUARDING
Paula Bates
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HOSPITAL CONTACTS
Bedford - Deacon Tony Quinlan 01234 950 453
tonyquinlan15@gmail.com
Luton – Fr. Ugo Nnaji
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PRAYER LINE
Please ring 01525 643 186.

SVP
Members provide help to anyone in need. Please call Ann on 01462 239 268

CONFESSIONS
Before Mass on Friday and Saturday or on request.

NEWSLETTER DEADLINE
Wednesday afternoon. Please contact Aggie Keeble.

MASS INTENTIONS
For Mass Intentions, call or email Aggie who will arrange for a Mass to be said. There are special envelopes in the foyer that you can fill in and leave in the sacristy.

DIARY DATES

SEWING GROUP

The sewing group will meet on Monday 1 June from 2.00 pm. For details, phone Hilary Brennan on 01525 717919

EUCHARISTIC ADORATION

On Friday 5 June, we will have Eucharistic Adoration beginning **at 9.30 am and concluding with Mass at 7.00 pm.** Please note that there will be no morning Mass on that day. Everyone is warmly invited to come and spend time in prayer with the Lord. If you would like to commit to a particular time, please sign the sheet in the porch, or simply come along whenever you are able.

TEA, COFFEE AND CHAT

You are welcome to join us for tea, coffee and chat after Mass on **22 May, 19 June and 17 July.**

WELCOMERS DAY

The Welcomers' Gathering Day will take place on **Saturday 4 July from 10.00 to 12.00.** If you are already a welcomer, or would like to become one, please save this date in your diary. Further details will follow.

DIOCESAN PILGRIMAGE TO WALSINGHAM

The pilgrimage to Walsingham will take place **on Saturday 13 June.** It will begin with Mass at 12 noon, followed by the procession outside the Chapel of Reconciliation at 3.00 pm. Unfortunately, we won't be able to provide the transport on that day**. There will be another Pilgrimage on 1 August**. For those who may be concerned about transport, we are pleased to share that the Luton parishes of St John's, Holy Family, and St Joseph's are arranging diocesan coaches to Walsingham and Sacred Heart parishioners are very welcome to join these coaches. There will be a cost, which is expected to be around £20 (final details to follow), but it should remain affordable. If you would like to attend, please email parish.sacredheartflitwick@northamptondiocese.org .

OTHER NOTICES

LIVE SIMPLY MAY – WALKING AND CYCLING MORE

I promise to walk shorter journeys than go by car. Reflection: Belonging to God's family brings us lots of rewards and means that we have a responsibility to look after each other.

HOUSES OF PARLIAMENT TOUR ON 23 JUNE

A second parish tour of the Houses of Parliament has been booked for **Tuesday 23 June at 11.10** am for those who were unable to attend last year. Guests should make their own way to Westminster via the Cromwell Green entrance. **The 09.27 train from Flitwick to Blackfriars, followed by the Underground to Westminster, should allow plenty of time for security checks.** Please make your way to Westminster Hall on arrival. The tour lasts approximately 75- 90 minutes. Afterwards, there will be an opportunity to watch proceedings in the House of Commons, and later the House of Lords, if desired. **Anyone who wishes to go on the tour will need to email jamiesonj@parliament.uk and he will send further details and the ticket. There are only 20 places available.**

LEGACY WEEK

Catholic Legacy Week, 24-30 May, is a time when parishes and Catholic charities such as CAFOD celebrate the work made possible in the life of the Church through gifts in Wills. Find out more about the week at cafod.org.uk/CatholicLegacyWeek

EVACUATION PROCEDURE



- In case of fire or other emergency that requires the church to be evacuated, people will be directed to leave the church via the identified fire exit through the main entrance porch, or via the identified single door fire exit in the corner at the back of the church.
- Persons should assemble on the grass verge at the entrance to Pope Close, on the left opposite the garage.
- To ensure that there is free access for emergency services, parishioners are requested not to leave the car park in their vehicles until directed.
- The parish priest or other person who is in charge, so far as it is safe to do so, should ensure that all persons have left the building, including those requiring assistance due to their disability.
- The fire extinguishers located in the entrance foyer, kitchen and in the main body of the church should be used if it is safe to do so, and then by competent persons.
- Do not take any undue risks. Do not attempt to re-enter buildings until you are directed to do so.

PARISH DAY



The Parish Pastoral Council (PPC) is pleased to announce that we will be holding **a Parish Day on Sunday 5 July.** On this special day, **there will be one Mass at 10.00 am**, followed by refreshments in the garden. There will also be a variety of art and craft activities for children, including face painting. We will have tombola. It will be a wonderful opportunity for us all to come together as a parish community, spend time with one another and strengthen our shared sense of fellowship. We warmly encourage everyone to attend and be part of this joyful occasion.



MASS OFFERINGS
Standing orders are £860.00 weekly
The collection was £282.50
Christian Aid Breakfast was £524
Thank you very much for your generosity