Sacred Heart Flitwick

The Most Holy Trinity

31 May 2026

OUR MISSION

Through the power of the Holy Spirit we will be a parish renewed in our knowledge and understanding of the love of Jesus Christ, to enable each of us to fulfil our Christian mission.

PARISH CATECHESIS FROM FR. JERRY

Theme: Bless be God the Father, and the Only Begotten Son of God, and also the Holy Spirit.

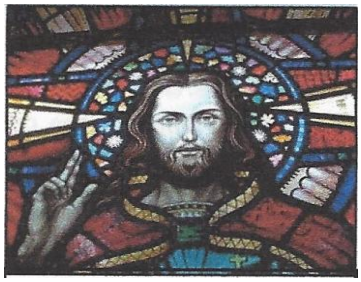
The Gospel reading unveils to us the vision of God in the Holy Trinity, who loved the world so much that whoever believes in him should not perish but have eternal life. God has abundantly revealed himself in love through the Father who generates, the Son who is begotten and the Holy Spirit who proceeds (CCC#254). It is the love that God has for humanity that inspires his Son to give salvation to all who believe in him. God's purpose for sending his Son was not to condemn the world. Surely God condemns no one. God's offer of salvation through his Son is a gift of love which must be received with faith. Anyone who refuses to believe in the One through whom salvation is accomplished has already condemned himself/herself. The catechism reminds us that from the beginning, the revealed truth of the Holy Trinity has been at the very root of the Church's living faith, principally by means of baptism. It finds its expression in the rule of baptismal faith, formulated in the preaching, catechesis and prayer of the Church (CCC#249).

The catechism teaches that the Holy Trinity is a mystery of faith in the strict sense, one of the mysteries hidden in God, which can never be known unless revealed by God. However, God has left traces of his Trinitarian being in his work of creation and in his revelation throughout the Old Testament (CCC#237). The Solemnity of the Holy Trinity celebrates our faith and the unreserved confession that there is only one true God, eternal, infinite and unchangeable, incomprehensible, almighty and ineffable, the Father, the Son and the Holy Spirit, three persons indeed, but one essence, substance or nature, entirely simple (CCC#202). The mystery of the most Holy Trinity is the central mystery of Christian faith and life. It is the mystery of God in himself. It is therefore the source of all the other mysteries of faith, the light that enlightens them. It is the most fundamental and essential teaching in the 'hierarchy of the truths of faith'. The whole history of salvation is identical with the history of the way and the means by which the one true God, the Father, the Son and the Holy Spirit, fulfils the plan of his loving goodness of creation, redemption and sanctification (CCC#235). May the relationship that exists between the Father, the Son and the Spirit encourage us in our family and community life.

CYCLE OF PRAYER FOR JUNE — HUMAN LIFE, THOSE WHO SUFFER PERSECUTION, OPPRESSION OR THE DENIAL OF HUMAN RIGHTS

MASS INTENTIONS

Saturday 30 May	5.00 pm	Intentions of Peter and Gwen Brown
Sunday 31 May	9.00 am	Thanksgiving and Repose of the Souls of Philomena and Francis Tong
Sunday 31 May	11.00 am	Private Intentions through the Intercession of the Virgin Mary Intentions of Martin Kerrigan Who Is Ill
Tuesday 2 June	**7.00 pm**	Sheila Latu, Finau Schaff, Koleti Pahulu, RIP SS Marcellinus and Peter, Martyrs
Wednesday 3 June	9.30 am	Mark and Brent Hawkins, RIP *St Charles Lwanga and Martyrs of Uganda*
Thursday 4 June	9.30 am	Sick and Housebound in our Parish *St Elizabeth Hasselblad, Religious*
Friday 5 June	**7.00 pm**	Thanksgiving and Private Intentions of Lewis Family ***Eucharistic Adoration from 9.30 am till 7.00 pm***



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PRAYER LINE
Please ring 01525 643 186.

SVP
Members provide help to anyone in need. Please call Ann on 01462 239 268

CONFESSIONS
Before Mass on Friday and Saturday or on request.

NEWSLETTER DEADLINE
Wednesday afternoon. Please contact Aggie Keeble.

MASS INTENTIONS
For Mass Intentions, call or email Aggie who will arrange for a Mass to be said. There are special envelopes in the foyer that you can fill in and leave in the sacristy.

DIARY DATES

EUCHARISTIC ADORATION

On Friday 5 June, we will have Eucharistic Adoration beginning **at 9.30 am and concluding with Mass at 7.00 pm.** Please note that there will be no morning Mass on that day. Everyone is warmly invited to come and spend time in prayer with the Lord. If you would like to commit to a particular time, please sign the sheet in the porch, or simply come along whenever you are able.

COME AND SEE

We will gather on **Tuesday 16 June, after the 7.00 pm Mass** in the parish room. Please join us as we come together to pray and worship God.

MOTHERS' PRAYERS

We shall be meeting on **12 and 26 June after 10.00 am Mass.** Ring Sue Barley 01525 634186 for information.

TEA, COFFEE AND CHAT

You are welcome to join us for tea, coffee and chat after Mass on **19 June and 17 July.**

WELCOMERS DAY

The Welcomers' Gathering Day will take place on **Saturday 4 July from 10.00 to 12.00.** If you are already a welcomer, or would like to become one, please save this date in your diary. Further details will follow.

NOVENA TO SACRED HEART

The month of June is dedicated to the Sacred Heart of Jesus. We will pray the **Novena to the Sacred Heart from 2 to 11 June,** 15 minutes before each Mass. All parishioners are warmly invited to join in prayer and devotion.

DIOCESAN PILGRIMAGE TO WALSINGHAM

The pilgrimage to Walsingham will take place **on Saturday 13 June.** It will begin with Mass at 12 noon, followed by the procession outside the Chapel of Reconciliation at 3.00 pm. Unfortunately, we won't be able to provide the transport on that day**. There will be another pilgrimage on 1 August**. For those who may be concerned about transport, we are pleased to share that the Luton parishes of St John's, Holy Family, and St Joseph's are arranging diocesan coaches to Walsingham and Sacred Heart parishioners are very welcome to join these coaches. There will be a cost, which is expected to be around £20 (final details to follow), but it should remain affordable. If you would like to attend, please email parish.sacredheartflitwick@northamptondiocese.org .

OTHER NOTICES

LIVE SIMPLY JUNE – LEARNING MORE ABOUT THE WORLD

This month I will live simply by learning more about the world. I promise to find out more about our world and our environment. Reflection: Every one of us is part of a community and belongs to God's family. *Adapted from Pope Paul VI Populorum Progressio*

HOUSES OF PARLIAMENT TOUR ON 23 JUNE

A second parish tour of the Houses of Parliament has been booked for **Tuesday 23 June at 11.10** am for those who were unable to attend last year. Guests should make their own way to Westminster via the Cromwell Green entrance. **The 09.27 train from Flitwick to Blackfriars, followed by the Underground to Westminster, should allow plenty of time for security checks.** Please make your way to Westminster Hall on arrival. The tour lasts approximately 75- 90 minutes. Afterwards, there will be an opportunity to watch proceedings in the House of Commons, and later the House of Lords, if desired. **Anyone who wishes to go on the tour will need to email jamiesonj@parliament.uk and he will send further details and the ticket. There are only 20 places available.**

CHRISTIAN AID BREAKFAST

A heartfelt thank you to everyone who attended, supported, and helped organise the Christian Aid Breakfast. Thanks to your generosity, kindness, and hard work, we raised an amazing £524 for Christian Aid. Your contribution will help support people and communities in need around the world.

BAPTISM OF BRIAN ANACHEBE

Brian, son of Blessing and Christopher, was baptised on Sunday 24 May at Sacred Heart Flitwick. We ask the parish to pray for him and his family. We wish Brian and his family all God's blessings on his journey of faith.

PARISH DAY



The Parish Pastoral Council (PPC) is pleased to announce that we will be holding **a Parish Day on Sunday 5 July.** On this special day, **there will be one Mass at 10.00 am**, followed by refreshments in the garden. There will also be a variety of art and craft activities for children, including face painting. We will have tombola.

It will be a wonderful opportunity for us all to come together as a parish community, spend time with one another and strengthen our shared sense of fellowship. We warmly encourage everyone to attend and be part of this joyful occasion.



MASS OFFERINGS
Standing orders are £860.00 weekly
The collection was £282.20
Thank you very much for you generosity
Finance Committee