Sacred Heart Flitwick

21 June 2026

12th Sunday in Ordinary Time

OUR MISSION

Through the power of the Holy Spirit we will be a parish renewed in our knowledge and understanding of the love of Jesus Christ, to enable each of us to fulfil our Christian mission.

PARISH CATECHESIS FROM FR. JERRY

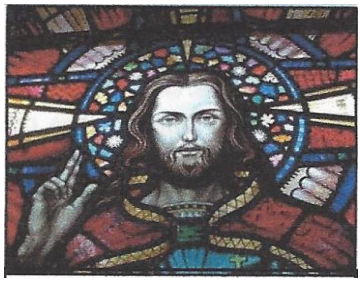
Theme: Fear not, therefore, you are of more value than many sparrows

The Gospel reading narrates the apostles' mission and, by extension, the Church's mission in the world. It is the Holy Spirit who leads the Church on her missionary paths (CCC#852). Jesus sent his disciples to announce the Kingdom of God, to cure the sick and expel demons. He knew they would encounter opposition and even fear and anxiety. Jesus challenged and encouraged them not to fear anyone. They were to proclaim the message of the Kingdom openly to all and sundry. Jesus repeated that they were not to fear any human person but rather to have a filial fear of God. If God's providential care extends to the cheapest life – sparrows – how much more will He care for the people who dedicate their lives to spreading his reign on earth? Will God neglect those who suffer shame or death for witnessing to the good news? This mission may be challenging, but Jesus says Fear not! The Church's mission involves the active participation of the lay faithful and the clergy. The lay faithful fulfil their prophetic mission by proclaiming Christ by word and the testimony of life (CCC#905). Both the clergy and the lay faithful need fortitude. The catechism says that fortitude is the moral virtue that ensures firmness in difficulties and constancy in the pursuit of the good. It strengthens the resolve to resist temptation and to overcome obstacles in the moral life. The virtue of fortitude enables one to conquer fear, even fear of death, and to face trials and persecutions. It disposes one even to renounce and sacrifice one's life in defence of a just cause (CCC#1808). The Christian disciple is worth more than thousands of sparrows. We cannot be quiet about the good news or about our faith. Our service of the faith and witness to the faith are necessary for salvation; therefore, everyone who acknowledges me before men, I also will acknowledge before my Father who is in heaven, but whoever denies me before, I also will deny before my Father who is in heaven (CCC#1816). May we proclaim the good news, knowing that we have been set firm on a strong foundation of love, whether in season or out of season.

CYCLE OF PRAYER FOR JUNE — HUMAN LIFE, THOSE WHO SUFFER PERSECUTION, OPPRESSION OR THE DENIAL OF HUMAN RIGHTS

MASS INTENTIONS

Saturday 20 June	5.00 pm	David Crehan Who Is Ill *St Alban, Martyr*
Sunday 21 June	9.00 am	People of the Parish
Sunday 21 June	11.00 am	Intentions of Catherine Davies
Tuesday 23 June	**7.00 pm**	Deceased Members of Foong and Tong Families, RIP *St Etheldreda, Virgin*
Wednesday 24 June	9.30 am	Special Intentions - Healing *The Nativity of St John the Baptist* **Eucharistic Adoration after Mass**
Thursday 25 June	9.30 am	Private Intentions *St Cadoc, Priest and Martyr*
Friday 26 June	**10.00 am**	The Sick and Housebound in Our Parish



PRIEST IN CHARGE
Father Jerry Manomey
frjerry.manomey@northamptondiocese.org
Contact: 01525 715109

SECRETARY
Aggie Keeble
parish.sacredheartflitwick@northamptondiocese.org

WEBSITE AND FACEBOOK
www.sacredheartflitwick.co.uk
flitwick.sacred.heart

SAFEGUARDING
Paula Bates
safeguarding.sacredheartflitwick@northamptondiocese.org

HOSPITAL CONTACTS
Bedford - Deacon Tony Quinlan 01234 950453
tonyquinlan15@gmail.com
Luton – Fr. Ugo Nnaji
frugo.nnaji@northamptondiocese.org

PRAYER LINE
Please ring 01525 643186.

SVP
Members provide help to anyone in need. Please call Ann on 01462 239268

CONFESSIONS
Before Mass on Friday and Saturday or on request.

NEWSLETTER DEADLINE
Wednesday afternoon. Please contact Aggie Keeble.

MASS INTENTIONS
For Mass Intentions, call or email Aggie who will arrange for a Mass to be said. There are special envelopes in the foyer that you can fill in and leave in the sacristy.

DIARY DATES

DAY FOR LIFE

The Church teaches that life is to be nurtured from conception to natural death. In England and Wales, Day for Life is celebrated on the third Sunday of June each year. This year it falls **on Sunday 21 June**. This year's theme is *The Wonder of the Child in the Womb.* Here you will find information, prayers and downloads https://www.cbcew.org.uk/day-for-life/

MOTHERS' PRAYERS

We shall be meeting on **26 June after 10.00 am Mass.** Ring Sue Barley 01525 634186 for information.

TEA, COFFEE AND CHAT

You are welcome to join us for tea, coffee and chat after Mass on **26 June and 17 July.**

WELCOMERS DAY

The Welcomers' Gathering Day will take place on **Saturday 4 July from 10.00 to 12.00.** If you are already a welcomer, or would like to become one, please save this date in your diary. Further details will follow.

CALLED AND EQUIPPED

Want to go deeper in your faith? Is now the time to take the next step? Our year-long Called and Equipped discipleship course begins again this September, offering a foundation in Catholic teaching and a journey of faith formation, with a like-minded community. This course is for anyone active in parish life or coming into ministry. Sign up to our introductory webinar **on Wednesday 24 June, 7.30 – 8.30 pm** mailto:https://northamptondiocese.org/called-equipped/

OTHER NOTICES

LIVE SIMPLY JUNE – LEARNING MORE ABOUT THE WORLD

This month I will live simply by learning more about the world. I promise to find out more about our world and our environment. Reflection: Every one of us is part of a community and belongs to God's family. *Adapted from Pope Paul VI Populorum Progressio*

TOMBOLA APPEAL

We are looking for small, attractive items to be used as prizes for the tombola at Parish Day. We would be very grateful for any donations.

LOST PROPERTY

We have a number of unclaimed items in our lost property collection. These items will be placed in a box in the church porch and will be available for collection from **6 June to 21 June**. Please take a moment to check whether any of the items belong to you. After 21 June, any uncollected items will either be donated to charity or disposed of, as appropriate. Thank you for your help in clearing our lost property box.





PARISH DAY

The Parish Pastoral Council (PPC) is pleased to announce that we will be holding **a Parish Day on Sunday 5 July.** On this special day, **there will be one Mass at 10.00 am**, followed by refreshments in the garden. There will also be a variety of art and craft activities for children, including face painting. We will have tombola.

It will be a wonderful opportunity for us all to come together as a parish community, spend time with one another and strengthen our shared sense of fellowship. We warmly encourage everyone to attend and be part of this joyful occasion. We will have additional parking at Flitwick Lower School.



For catering purposes, please either sign the sheet in the porch or email Aggie at parish.sacredheartflitwick@northamptondiocese.org to let us know whether you are planning to attend and, if so, approximately how many people will be coming with you? Thank you.

MASS OFFERINGS
Standing orders are £860.00 weekly
The collection was £322.80
Thank you very much for you generosity
Finance Committee